# I KNOW THE FEELING: LEARNING TO CONVERSE WITH EMPATHY

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## Why EMPATHY (Empathy:共情)



Figure 1: Example conversation where acknowledging an inferred feeling might be appropriate

### Problem

• Existing chitchat dialogue benchmarks do not capture whether those agents are responding to implicit emotional contexts in an empathetic way

### Data Collection

Table 1: Two examples from EMPATHETICDIALOGUES training set. The first worker (the speaker) is given an emotion label and writes their own prompt based on a situation when they've felt that way. Then, the speaker tells their story in a conversation with a second worker (the listener).

Label: Afraid

Situation: Speaker felt this when...

"I've been hearing noises around the house at night"

#### **Conversation:**

**Speaker:** I've been hearing some strange noises around the house at night.

Listener: oh no! That's scary! What do you think it is?

Speaker: I don't know, that's what's making me anxious.

Listener: I'm sorry to hear that. I wish I could help you figure it out

#### Label: Proud

Situation: Speaker felt this when...

"I finally got that promotion at work! I have tried so hard for so long to get it!"

#### **Conversation:**

Speaker: I finally got promoted today at work!

Listener: Congrats! That's great!

Speaker: Thank you! I've been trying to get it for a while now!

Listener: That is quite an accomplishment and you should be proud!

#### Distribution of 32 Labels



Figure 2: Distribution of situation/conversation labels within EMPATHETICDIALOGUES. Percentages per class are also listed in the appendix.

- 24,850 prompts/conversations from 810 different participants
- Each conversation is allowed to be 4-8 utterances long
- The average utterance length is 15.2 words long

#### Modeling



Figure 3: Dialogue generation architectures used in our experiments. The context of concatenated previous utterances is tokenized into  $x_1, x_2, \cdots$ , and encoded into vector  $h_x$  by the context encoder. *Left:* In the retrieval set-up, each candidate y is tokenized into  $y_1, y_2, \cdots$  and encoded into vector  $h_y$  by the candidate encoder. The system outputs the candidate  $y^*$  that maximizes dot product  $h_x \cdot h_y$ . *Right:* In the generative set-up, the encoded context  $h_x$  is used as input to the decoder to generate start symbol </s> and tokens  $y_1, y_2, \cdots$ . The model is trained to minimize the negative log-likelihood of target sequence  $\bar{y}$  conditioned on context x.

#### Three models



### Multi-Task Objective

#### Multi-task Setup



• alter the objective function to also optimize for predicting the given emotion label.

### Prepending Top-K Emotion Predictions

Prepend-k



- explicitly add the best emotion predictions from a simple emotion classifier to the input text.
- use a fastText model trained to predict the emotion label from the description of the situation written by the Speaker before the dialogue for the training set dialogues.

I finally got promoted! --> proud excited joyful I finally got promoted!

### Ensemble of Encoders

#### **Ensemble Encoder**



- Take an off-the-shelf classifier for emotion prediction, DeepMoji from Felbo et al. (2017) with the weights as released by the authors, ENSEM-DM
- Use a version of the same DeepMoji architecture that is first re-trained on the situation descriptions from our training data, ENSEM-DM+.

### Evaluation

- For the retrieval systems, we additionally compute p@1,100, the accuracy of the model at choosing the correct response out of a hundred randomly selected examples in the test set.
- Evaluate Relevance, Fluency, Empathy: did the responses show understanding of the feelings of the person talking about their experience? (1: not at all, 3: somewhat, 5: very much)
- Source candidate during inference: in addition to EMPATHETICDIALOGUES, the DailyDialog (Li et al., 2017) training set and up to a million utterances from a dump of 1.7 billion Reddit conversations are included

#### **Experimental Results**

Table 2: Automatic evaluation metrics on the test set. Pretrained: basic transformer model pre-trained on a dump of 1.7 billion REDDIT conversations. Base: model fine-tuned over the EMPATHETICDIALOGUES training data. Remaining rows: models incorporating emotion supervised information, as described in Sec. 4.2. Candidates come from REDDIT (R), EMPATHETICDIALOGUES (ED), or DAILYDIALOGUES (DD). All automatic metrics clearly improve with in-domain training (Base vs. Pretrained), but the effects of adding supervised information are inconsistent on the automated metrics, although ensembling with a deep emotion classifier consistently improves generation.

	Retrieval			Gen	Generation	
Model	P @1,100	Candidate Source	AVG BLEU	PPL	AVG BLEU	
Pretrained	43.25	R	4.1	27.96	5.01	
	-	ED	5.51	-	-	
Base	56.90	ED	5.88	21.24	6.27	
	-	ED+DD	5.61	-	-	
	-	ED+DD+R	4.74	-	-	
MULTITASK	55.73	ED	6.18	24.07	5.42	
Prepend-1	56.31	ED	5.93	24.30	4.36	
Prepend-3	55.75	ED	6.23	23.96	2.69	
Prepend-5	56.35	ED	6.18	25.40	5.56	
ENSEM-DM	52.71	ED	6.03	19.05	6.83	
ENSEM-DM+	52.35	ED	6.04	19.1	6.77	
ENSEM-TRAN	51.69	ED	5.88	19.21	6.41	

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- Using only in-domain candidates leads to slightly higher BLEU scores
- For retrieval systems, adding emotion supervision explicitly decreases the accuracy of the rankings, p@1,100, but generally improves the average BLEU scores
- The ensemble encoders improve the generation models in perplexity and BLEU

#### Human Evaluation Results

Table 3: Human evaluation metrics from rating task. Training on EMPATHETICDIALOGUES improves all scores. Encoding supervised emotion information improves the empathy score (and sometimes the relevance and fluency by a smaller margin). *Bold: results within 1 SEM of best model.* 

	Model	Candidates	Empathy	Relevance	Fluency
	Pretrained	R	$2.58{\pm}0.14$	$2.97{\pm}0.14$	4.11±0.12
	Base	ED	$3.27 \pm 0.13$	$3.42{\pm}0.14$	$4.44 {\pm} 0.08$
	Multitask	ED	3.58±0.12	3.58±0.14	<b>4.46±0.09</b>
Detrioval	Prepend-1	ED	3.51±0.13	3.61±0.15	$4.45 \pm 0.10$
Keurievai	Prepend-3	ED	3.62±0.14	3.50±0.15	<b>4.54±0.08</b>
	Prepend-5	ED	3.52±0.14	3.64±0.14	<b>4.47±0.09</b>
	Ensem-DM+	ED	$3.36{\pm}0.14$	$3.33{\pm}0.14$	4.13±0.11
Generation	Pretrained	-	$2.26{\pm}0.13$	$2.37{\pm}0.13$	4.08±0.12
	Base	-	$2.95 \pm 0.15$	$3.10{\pm}0.14$	$4.37 \pm 0.10$
	Multitask	-	$3.17 \pm 0.14$	3.23±0.14	$4.29 \pm 0.11$
	Prepend-1	-	$2.66 {\pm} 0.15$	$2.63 {\pm} 0.15$	$4.22 \pm 0.12$
	Prepend-3	-	3.34±0.13	3.31±0.15	<b>4.58±0.09</b>
	Prepend-5	-	3.35±0.15	3.20±0.15	$4.41 \pm 0.10$
	Ensem-DM+	-	3.17±0.14	3.19±0.14	4.31±0.11
Gold Response	-	-	4.19±0.06	4.48±0.06	4.67±0.04

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- All of the models with explicit emotion improved, meaning that the more explicit emotion supervision does allow models to better condition responses for the tone of the conversation
- most of them also maintain fluency scores (which are all above 4 on average)

#### Cases

Table 5: Examples of model responses from the validation set.

Context	Model	Generated Utterance	
Tomorrow is my first university day and I'm very nervous	Gen-base Gen-multitask Gen-prepend-5 Gen-ensemb-DM+	What are you studying? Good luck! I'm sure you will be fine. Are you nervous ?	
I had to go out of town by myself for three weeks. It was hard not being able to talk to anyone I knew.	Ret-base Ret-multitask Ret-prepend-5	Do you still talk to the people you went with I'm sorry to hear that. Do you think you struggle to communicate with people? That sounds difficult. Did you try talking to people in your neighborhood?	
	Ret-ensemb-DM+	Did you start to feel a bit lonely?	

### This work v.s. Ours

- 1. Artificial data v.s. real user interaction
- 2. Reddit: dialogue among strangers, how empathy; but the dialogue among strangers works for personality
- 3. Emotion might change, while personality is consistent

